

WHAT ARE THE BEST SOCKS FOR YOUR FEET?

SOCKS CAN MAKE A BIG DIFFERENCE IN THE COMFORT AND PROTECTION OF YOUR FEET. CHOOSE THE BEST SOCKS FOR YOUR NEEDS BY IMPLEMENTING THE FOLLOWING TIPS.



MOISTURE-WICKING ABILITIES

- **Why it Matters:** Sweaty feet can lead to discomfort, fungal infections, and blisters.
- **Key Features to Consider:** Moisture-wicking capabilities, construction, and durability.

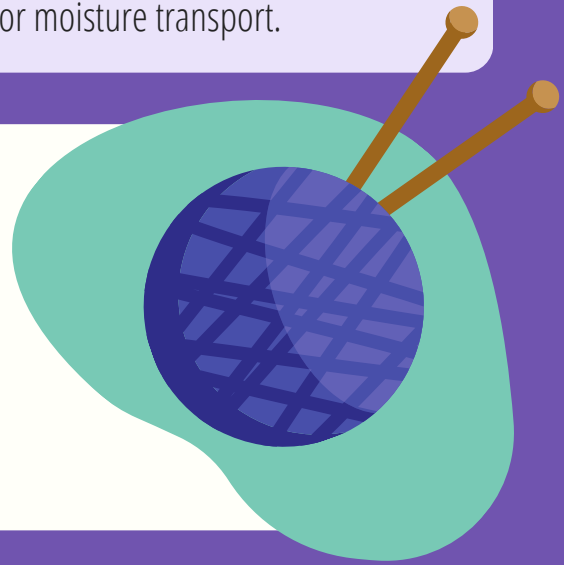


FIBER TYPES

- **Natural Fibers:** Merino wool for insulation, odor control, and moisture absorption.
- **Synthetic Fibers:** Acrylic, nylon, and polyester for durability and rapid drying.
- **Specially Engineered Synthetic Fibers:** Polypropylene, CoolMax®, and DryMax® for moisture transport.

DO'S AND DON'T'S

- **Don't:** Choose 100% cotton socks as they retain moisture and can cause discomfort.
- **Do:** Opt for merino wool or synthetic blends for better moisture control and comfort.



FIBER INSIGHTS

- **CoolMax®:** Engineered polyester with moisture-moving grooves for quick sweat transport.
- **DryMax®:** Polyester with nylon for rapid moisture transfer and evaporation.
- **Polypropylene:** Lightweight, moisture-wicking plastic fiber for quick evaporation.

CONSIDER YOUR ACTIVITIES

- **Synthetic Blends:** More affordable and good moisture-wicking.
- **Merino Wool:** Better at controlling odor.
- **Natural & Synthetic Blend:** Combining the advantages of both.



CONSTRUCTION & DESIGN

- **Thickness & Padding:** Look for dense padding in high-friction areas.
- **Seams & Stitches:** Opt for smooth construction, flat knit toe seams, and a Y-stitch heel.
- **Size & Length:** Choose the correct size and sock length based on your activity and footwear.



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